Barretstown
restoring young lives

Camp at Home

The Barretstown Outreach Team are looking forward to visiting your family home.
We aim to make this programme as inclusive, fun and engaging as possible.

The below form will help us ensure that all our activities suit the entire family and are appropriate for age, physical ability, developmental and sensory needs. Please use our guide to select the activities you feel would best suit your family and their needs.

ACTIVITIES

How your programme will be structured...

10 mins	Introduction
45 mins	**Activity 1**
5 mins	Quick break
45 mins	**Activity 2**
10 mins	Wrap-up

Please select 2 activities from the following tables (Refer to our age guidelines and energy levels)

High Energy

☐

Barretstown Dance Workshop

The ultimate dance party! Join us for some party games, learn the moves to some fabulous Barretstown dances, rehearse the choreography, perform, record and create your very own dance music video.

All ages

☐

Crazy Construction

Create some spectacular structures using lots of crazy and cool materials. Think spaghetti towers, lollipop stick bridges, the longest dominoes run ... the building options are endless.

Age 7+

☐

Wacky Science

Who said science wasn't cool?

Rockets, volcanoes, dancing stick men, rain clouds in a glass ... put your science goggles on and put these experiments to the test.

Age 8+

☐

Mini Golf

Bring the Ryder cup to your home. Create an indoor or outdoor mini golf course and see who has the best handicap as you play very own homemade courses.

Ages 4+

☐

Minute to Win It!

Be transformed into the ultimate family game show competitors and go up against the Barretstown team in a selection of highly competitive and incredibly fun minute to win it challenges.

Child option 5+ /Teen option 11+

☐

Prank Patrol

This is the ultimate activity for the jokesters in your family. Learn and create some classic pranks with the Barretstown Prank Patrol team.

All ages

Medium Energy

☐

Movie Making

Create your very own family movie trailer! Direct, produce and star in Hollywood's next best blockbuster. Design your props, get dressed up in costume, act, film, and star in this production.

For older kids, we have a more advanced option using various craft materials to make your very own stop motion animation.

All ages / Stop motion Age 10+

☐

Tie-dye

T-shirts, socks, pillowcases – what can't be tie-dyed these days!? Learn some different tie dye techniques and make some wonderful wearable creations.

All ages

☐

Drama Workshop

Lots of drama games designed to be fun for the whole family. Create new characters, develop funny storylines and have loads of fun letting the imagination run wild.

All ages

☐

Family Games Session

Take part in a fun-filled family games session. The Barretstown team will prepare some classic party games. Think charades, celebrity heads, quizzes, trivia, 30 seconds, pass the parcel, musical statues... the list of options is endless (as well as the fun!)

All ages (games adapted on age)

☐

Lego

Lots of fun for the lego lovers out there! Create some beautiful and unique structures, whilst also taking part in some lego construction challenges.

All ages

☐

Escape Room

Crack the code by taking part in mind boggling adventure challenges to unlock a mystery prize for the whole family.

Teens only

☐

Campfire Family Fun

Loads of classic campfire family fun! Make your own indoor campfire using arts and crafts materials, then take part in some excellent adult vs kids family games featuring the tights on head challenge, craic with cups, tiny hands challenges, and 'what did you say?' Finish up with a lovely campfire chat and some delicious smores.

All ages

☐

Baking/Cooking

Take part is some baking/ cooking challenges in the kitchen, then choose from cupcakes, cookies, biscuits, pancakes or pizzas to make yourselves a delicious treat.

All ages

☐

Spy School

Have your very own mission impossible adventure; build the ultimate spy hang out, complete some puzzling code cracking challenges, and create some super cool spy gadgets.

All ages

Low Energy

☐

Arts and Crafts

A selection of arts and crafts activities age specific to your family. Lots of options for getting creative.

All ages

☐

Giant Bubbles

This is an outdoor only activity. Create a magic bubble mixture that makes gigantic bubbles!

Create your own bubble wands and explore the different shapes you can make as well as making the biggest bubble possible!

All ages

☐

Sensory Play

A relaxed arts and crafts-based activity. Glitter jars, lava lamps, puff painting, and sensory stress balls are among a few of the sensory activities to explore during this session.

All ages

☐

Decoupage

Use old magazines and pictures to collage photo frames and scrapbooks. Create beautiful new designs for your family photo holder or school notebooks.

All ages

☐

Family Story Book

A guided story telling activity. Be the heroes of your own story and create a family story book. Take part in some creative activities to get the ideas flowing and tell the story of your family.

All ages

☐

Origami

Learn the art of origami with some fabulous paper folding techniques. Also, be amazed by the art of towel origami and have some craic getting your house 'hotel ready' with the creation of towel swans, and exquisite napkin designs.

Teens only

☐

Theatre Crafts

Get behind the scenes of your very own theatre production. Create some funky sock puppets as well as making a light box theatre to put on an entertaining show for some lucky visitors and guests. Tell the story of your newly created friends!

All ages

☐

Fairy Garden

A very chilled and low-key activity which is particularly suited for young children. Create a beautiful fairy garden using bespoke wooden fairy craft pieces. Design your garden, name your fairies and create some magical memories along the way.

All ages

☐

Family Crafts

Create some wonderful family themed pieces of art. Family flags, photo frames, mascot making, cushions, bunting to name a few options on offer...

All ages

☐

Nature Crafts

Combine your green fingers and your crafty side for excellent nature themed crafts. Create some grass heads that will continue to grow, make some beautiful bird feeders, and decorate some new flower pots for your windowsill or garden.

All ages

☐

Music Festival Crafts

Listen to your favourite bands as you create bunting, design your own festival face paint and tattoos, learn intricate friendship bracelet weaving techniques, tie dye headbands, and make dream catchers to create the ultimate festival lovers environment.

Teens only

☐

Woodcrafts & Textile Design

Make your own photo transfers, then burn your designs onto wooden boxes, frames or jewellery boxes using our wood burning tools.

Create your own fabric stencils and transfer your designs onto textiles.

Teens only

Any specific requests:

Once complete, please return to **outreach@barretstown.org**
We will be in touch to confirm all details of your programme.

Barretstown Castle, Ballymore Eustace, County Kildare, W91 RDX6,
Ireland. Tel: +353 (0)45 863 100 Email: outreach@barretstown.org

www.barretstown.org

Barretstown
restoring young lives